

Prayer for Humility

O Jesus! meek and humble of heart,
make my heart like unto thine.

From the desire to be esteemed,

Deliver me.

From the desire to be honored...

From the desire to be praised...

From fear of being humiliated...

From fear of being held in contempt...

From fear of suffering rebukes...

From fear of being slandered...

From fear of being ignored...

From fear of being insulted...

From fear of being wronged...

From fear of being belittled...

Jesus, grant me the grace...

that others be admired more than I;

that others be praised and I unnoticed;

that others be preferred to me in everything;

that others be holier than I, provided I

become as holy as I should;

that I might imitate the patience and

obedience of Your mother, Mary.

Amen.

Based on a prayer by Cardinal Merry del Val.